

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December

## Special Days

Hanukkah Begins at Sundown - December 12  
Winter Solstice - December 21  
Christmas - December 25  
Boxing Day (UK and Canada) - December 26

Activities and Times are subject to change. Please contact Rose or Helene for any activity related question @ (813) 632-2496

<p>AM 10:00 Mass (Chapel)</p> <p>PM 12:30 Lunch 5:30 Vespers (Chapel)</p> <p>Individual / Group Activities w/ CNA</p> <p><b>3</b></p>	<p>AM (H) 10:00 Aromatherapy 10:30 Exercise 11:00 December Trivia</p> <p>PM 12:30 Lunch 2:30 Finish The Expression 3:00 Hydration 3:30 (Movie) <i>Miracle on 34th Street</i></p> <p><b>4</b></p>	<p>AM 10:00 Aromatherapy 10:30 Mass (3rd Floor)</p> <p><b>10:30 Pet Therapy w/Tampa Bay Dog Therapy Group</b></p> <p>PM 12:30 Lunch 2:30 <i>Christmas Waffles</i> 3:00 Afternoon Hydration 3:30 Travelogue - Thailand</p>  <p><b>5</b></p>	<p>AM 10:00 Aromatherapy 10:30 Fitness Club 11:00 Reminiscing: Reading w/Discussion</p> <p>PM 12:30 Lunch 2:00 <i>Tree Trimming /w Hot Chocolate</i> 3:30 <i>Movie (A Christmas Carol)</i></p> <p><b>6</b></p>	<p>AM 10:00 Aromatherapy 10:30 Fitness Club 11:00 Sing-A-Long</p> <p>PM 12:00 Hydration 12:30 Lunch 2:30 <i>Worship Service</i> 3:30 Reminiscing: Reading w/Discussion 4:00 (Movie) <i>A Charlie Brown Christmas</i></p> <p><b>7</b></p>	<p>AM 10:00 Aromatherapy 10:30 Exercise 11:00 Reminiscing w/Susan</p> <p>PM 12:00 Social Time 12:30 Lunch 2:30 <b>BINGO</b> 3:30 Afternoon Hydration 4:00 (Movie) <i>Mr. St. Nick</i></p> <p><b>8</b></p>	<p>AM (H) 10:00 Bingo (5<sup>th</sup> Floor) 11:30 Good News</p> <p>PM 12:00 1:1 / Group Activity 12:30 Lunch 2:30 Walking Club 3:00 Finish The Phrase 3:30 (Movie) <i>It's A wonderful Life</i> After Dinner Games w CNA's</p> <p><b>9</b></p>
<p>AM 10:00 Mass (Chapel)</p> <p>PM 12:30 Lunch 5:30 Vespers (Chapel)</p> <p>Individual / Group Activities w/ CNA</p> <p><b>10</b></p>	<p>AM (R) 10:00 1:1 / Small Group</p> <p><b>10:30 Yomenco w/Aaron</b></p> <p>PM 11:00 December Word Game</p> <p>PM 12:30 Lunch 2:30 <i>Holidays Around the World</i> 3:00 Afternoon Hydration 3:30 Travelodge - United Kingdom 4:00 (Movie) <i>Christmas Story</i></p>  <p><b>11</b></p>	<p>10:00 1:1 / Small Group (Aromatherapy)</p> <p>10:30 Mass (3rd Floor)</p> <p><b>10:30 Pet Therapy w/ Tampa Bay Dog Therapy Group</b></p> <p>PM 12:00 Resident Chat 12:30 Lunch 2:00 <i>Hot Cocoa &amp; Carols/ Max</i> 3:30 December Facts/Trivia 4:00 Afternoon Hydration</p>  <p><b>12</b></p>	<p>AM 10:00 Aromatherapy 10:30 Fitness Club 11:00 Reminiscing: Reading w/Discussion (<i>First Christmas</i>)</p> <p>PM 12:00 Social Time 12:20 Lunch 2:30 <i>Stuffed Holiday Ornaments</i> 3:00 Afternoon Hydration/Snack 4:00 <i>Movie (Frosty the Snowman)</i></p> <p><b>13</b></p>	<p>AM 10:00 Aromatherapy 10:30 Fitness Club 11:00 Sing-A-Long</p> <p>PM 12:00 Hydration 12:30 Lunch 2:30 <i>Drum Therapy</i> 3:30 Afternoon Hydration 4:00 <i>Movie (All I want for Christmas)</i></p>  <p><b>14</b></p>	<p>AM 10:00 Aromatherapy 10:30 Fitness Club 11:00 Reminiscing w/Susan</p> <p>PM 12:00 <i>Lunch With Friends</i> 12:30 Lunch 2:30 <b>BINGO</b> 3:30 Hydration 4:00 (Movie) <i>The Christmas Shoes</i></p> <p><b>15</b></p>	<p>AM 11:00 Christmas Family Luncheon</p> <p>PM 2:00 Reminiscing: w/Discussion</p>  <p><b>16</b></p>
<p>AM 10:00 Mass (Chapel)</p> <p>PM 12:30 Lunch 5:30 Vespers (Chapel)</p> <p>Individual / Group Activities w/ CNA</p> <p><b>17</b></p>	<p>AM (H) 10:00 Aromatherapy 10:30 Fitness Club 11:00 Christmas Trivia</p> <p>PM 12:30 Lunch 2:30 Nature Walk 3:00 Afternoon Hydration 3:30 <i>Christmas Movie (Scrooge)</i></p> <p><b>18</b></p>	<p><b>AM Ugly Sweater Day!</b></p> <p>10:00 1:1 / Small Group (Aromatherapy)</p> <p>10:30 Mass (3rd Floor)</p> <p><b>10:30 Pet Therapy w/ Tampa Bay Therapy Dogs Group</b></p> <p>PM 11:30 Resident Chat 12:00 Christmas Poetry &amp; Stories 12:30 Lunch 2:00 <i>Wacky Wordies</i> 3:00 - 4:00 <i>B-Day Ugly Sweater w/ Jerry</i></p>  <p><b>19</b></p>	<p>AM 10:00 Aromatherapy 10:30 Fitness Club 11:00 1:1 / Small Group</p> <p>PM 12:00 Reminiscing: Reading w/Discussion 2:30 <i>Happy Hour w/ Al Forman</i> 4:00 <i>Movie (A Golden Christmas)</i></p>  <p><b>20</b></p>	<p>AM 10:00 Aromatherapy 10:30 Fitness Club 11:00 Sing-A-Long</p> <p>PM 12:00 Mixed-Up Christmas 12:30 Lunch 2:30 <i>Manicures</i> 3:30 Afternoon Hydration 4:00 (Movie) <i>How the Grinch Stole Christmas</i></p> <p><b>21</b></p>	<p>AM 10:00 Aromatherapy 10:30 Fitness Club 11:00 Reminiscing w/Susan</p> <p>PM 12:00 Social Time 12:30 Lunch 2:30 <b>BINGO</b> 3:30 Afternoon Hydration 4:00 <i>Movie (One Special Night)</i></p> <p><b>22</b></p>	<p>AM (R) 10:00 Bingo (5<sup>th</sup> Floor) 11:30 Coffee and the News</p> <p>PM 12:00 Social Time 12:30 Lunch 2:00 <i>Pizza Social</i> 3:30 (Movie) <i>Rudolph the Red-Nosed Reindeer</i> After Dinner Games w CNA's</p>  <p><b>23</b></p>
<p>AM 10:00 Mass (Chapel)</p> <p>PM 12:30 Lunch 5:30 Vespers (Chapel)</p> <p>Individual / Group Activities w/ CNA</p> <p><b>24</b></p>	 <p><b>25</b></p>	<p>AM 10:00 1:1 / Small Group (Aromatherapy)</p> <p>10:30 Mass (3rd Floor)</p> <p><b>10:30 Pet Therapy w/Tampa Bay Dog Therapy Group</b></p> <p>PM 11:00 Jim Cummins 12:30 Lunch 2:30 <i>Christmas Cookies/w Max</i> 3:00 All "Lit" Up for the Holidays 4:00 (Movie) <i>Jack Frost</i></p>  <p><b>26</b></p>	<p>AM 10:00 Aromatherapy 10:30 Fitness Club 11:00 Social Time</p> <p>PM 12:00 00 Reminiscing: Reading w/Discussion 12:30 Lunch 2:00 <i>Foodie 101</i> 3:30 Afternoon Hydration 4:00 (Movie) <i>Elf</i></p> <p><b>27</b></p>	<p>AM 10:00 Aromatherapy 10:30 Fitness Club 11:00 Did you know?</p> <p>PM 12:00 Social Time 12:20 Lunch 2:30 <i>Jumbo Parachute</i> 3:00 Afternoon Hydration 3:30 <i>The Music Man</i></p> <p><b>28</b></p>	<p>AM 10:00 Aromatherapy 10:30 Fitness Club 11:00 Reminiscing w/Susan</p> <p>PM 12:00 1:1 / Small Group 12:30 Lunch 2:30 <b>BINGO</b> 3:30 Hydration 4:00 (Movie) <i>Frozen</i></p> <p><b>29</b></p>	<p>AM (H) 10:00 Bingo (5<sup>th</sup> Floor) 11:30 Fitness Club</p> <p>PM 12:00 1:1 / Group Activity 12:30 Lunch 2:30 Walking Club 3:00 Hydration 4:00 (Movie) <i>New Year's Eve</i> After Dinner Games w CNA's</p> <p><b>30</b></p>

AM  
10:00 Mass (Chapel)

PM  
12:30 Lunch  
1:00 Activities With Susan  
5:30 Vespers (Chapel)

Individual / Group Activities w/ CNA

**31**

december: |dē-'sem-bər| -n.  
a month of lights, snow and feasts; time to make amends and tie loose ends; finish off what you started and hope your wishes come true

# Flappie Holidays