

**Sunday Lunch 8/6/17**

Asparagus, Leek & Mushroom Soup      \$ 1.29  
 Caesar Salad

**Entrées**

Carved Char Siu Pork                              \$ 2.49  
 Macadamia Crusted Mahi Mahi                \$ 4.99

**Sides (\$ .99)**

Snow Peas                              Roasted Vegetables  
 Jasmine Rice                          Chive Mashed Potatoes  
 Assorted Desserts

**David Borchik – Director of Food Services**

**Matthew Stanlev – Executive Chef**

**Dining Room Hours**

<b>Breakfast</b> (Skylight only)	7:30 am – 9:30 am
<b>Lunch</b> (Skylight Dining Room)	11:00 am – 1:00 pm
<b>Lunch</b> (Crystal Café)	11:00 am – 3:00 pm
<b>Dinner</b> (Skylight Dining Room)	4:00 pm – 6:00 pm
<b>Dinner</b> (Crystal Dining Room)	4:00pm – 6:30 pm

**Independent Living Meal Delivery Service**

You can have meals delivered to your apartment for a \$3 fee.  
 Skylight DR: 632-2322      Crystal DR: 632-2325  
 Delivery service is available during normal hours of operation

**Monday Lunch 8/7/17**

Minestrone Soup                                      \$ 1.29  
 Tomato, Onion & Pepper Salad

**Entrées**

Bistro Turkey Burger                              \$ 3.89  
 Pretzel Crusted Salmon                          \$ 5.29  
 BBQ Chicken Bacon Jam Sandwich & Potato \*\$ 5.79

**Sides (\$ .99)**

Spinach                                      Carrots  
 Onion Rings (\$1.89)                      Brown Rice (\$.69)  
 Assorted Desserts

**Monday Dinner 8/7/17**

Harvest Broccoli Soup                              \$ 1.29  
 Tomato, Onion & Pepper Salad

**Entrées**

Moroccan Lemon Chicken w/Mango        \$ 5.89  
 Vegetable Lasagna                                  \$ 2.29

**Sides (\$ .99)**

Cauliflower                                      Italian Vegetables  
 Couscous (\$.69)                                  Garlic Bread (\$.49)  
 Assorted Desserts

**Tuesday Lunch 8/8/17**

Cream of Spinach Soup                              \$ 1.29  
 Waldorf Salad

**Entrées**

Honey BBQ Chicken Tenders                      \$ 3.89  
 Beef Fajitas w/Peppers & Onions                \$ 2.49  
 BBQ Chicken Bacon Jam Sandwich & Potato \*\$ 5.79

**Sides (\$ .99)**

Green Beans                                      Pinto Beans  
 Corn Bread (\$.99)                                  Aztec Vegetables  
 Assorted Desserts

**Tuesday Dinner 8/8/17**

Vegetable Soup                                      \$ 1.29  
 Waldorf Salad

**Entrées**

Roasted Leg of Lamb with Mint Jelly        \$ 5.29  
 Cod Florentine                                      \$ 3.89

**Sides (\$ .99)**

Broccoli    Snap Peas  
 Roasted Garlic Mashed Potatoes                Wild Rice (\$.69)  
 Assorted Desserts

**Wednesday Lunch 8/9/17**

French Onion Soup                                      \$ 1.29  
 Carrot Raisin Salad

**Entrées**

French Dip w/ Swiss Cheese Sandwich        \$ 3.89  
 Orange Glazed Pork Medallions                \$ 3.79  
 BBQ Chicken Bacon Jam Sandwich & Potato \*\$ 5.79

**Sides (\$ .99)**

Peas & Carrots                                      Bok Choy (\$1.89)  
 Waffle Fries (\$1.19)                                  Fried Rice (\$.69)  
 Assorted Desserts

**Wednesday Dinner 8/9/17**

***Pasta Night @ the Skylight Dining Room***

Corn & Sweet Potato Soup (Crystal ONLY)    \$ 1.29  
 Carrot Raisin Salad (Crystal ONLY)

**Entrées**

Herb Crusted Tilapia (Crystal ONLY)        \$ 3.59  
 Chicken a la King w/ Biscuit (Crystal ONLY) \$ 3.09

**Sides (CRYSTAL ONLY) (\$ .99)**

California Vegetables                              Grilled Yellow Squash  
 Tri-color Rotini                                      Biscuit (\$.69)  
 Assorted Desserts



August 6<sup>th</sup> – August 12<sup>th</sup>

<b><u>Thursday Lunch 8/10/17</u></b>	<b><u>Thursday Dinner 8/10/17</u></b>
Tortilla Soup \$ 1.29 Fiji Fruit Salad <p style="text-align: center;"><b><u>Entrées</u></b></p> Beef Burrito \$ 2.39 Grilled Chicken Sandwich \$ 3.59 <i>BB BBQ Chicken Bacon Jam Sandwich &amp; Potato *\$ 5.79</i> <p style="text-align: center;"><b><u>Sides (\$ .99)</u></b></p> Roasted Peppers & Onions Carrots Mexican Rice (\$ .69) Tater Tots Assorted Desserts	Potato & Leek Soup \$ 1.29 Fiji Fruit Salad <p style="text-align: center;"><b><u>Entrées</u></b></p> Grilled Kielbasa \$ 3.39 BBQ Glazed Turkey \$ 3.79 <p style="text-align: center;"><b><u>Sides (\$ .99)</u></b></p> Cauliflower Mixed Vegetables Hot Potato Salad with Bacon (\$ .69) Corn on the Cob (\$ .69) Assorted Desserts
<b><u>Friday Lunch 8/11/17</u></b>	<b><u>Friday Dinner 8/11/17</u></b>
Italian Vegetable Soup \$ 1.29 Caesar Salad <p style="text-align: center;"><b><u>Entrées</u></b></p> Cornish Hen \$ 5.59 Assorted Thin Crust Pizza \$ 2.29 <i>BBQ Chicken Bacon Jam Sandwich &amp; Potato *\$ 5.79</i> <p style="text-align: center;"><b><u>Sides (\$ .99)</u></b></p> Sautéed Spinach Broccoli Roasted Root Vegetables - Assorted Desserts	Tuscan Chicken Noodle Soup \$ 1.29 Caesar Salad <p style="text-align: center;"><b><u>Entrées</u></b></p> Charred Shrimp \$ 5.59 Aegean Casserole \$ 2.59 <p style="text-align: center;"><b><u>Sides (\$ .99)</u></b></p> Squash Italian Vegetables Caramelized Leek Mashed Potatoes Bread Stick (\$ .49) Assorted Desserts
<b><u>Saturday Lunch 8/12/17</u></b>	<b><u>Saturday Dinner 8/12/17</u></b>
Creamy Tomato Soup \$ 1.29 Chickpea, Tomato, & Green Onion Salad <p style="text-align: center;"><b><u>Entrées</u></b></p> Grilled Ham Steak \$ 1.79 Cuban Sandwich \$ 3.59 <p style="text-align: center;"><b><u>Sides (\$ .99)</u></b></p> Balsamic Vegetables Green Beans Yams Tater Tots Assorted Desserts	Brazilian Black Bean Soup \$ 1.29 Chickpea, Tomato, & Green Onion Salad <p style="text-align: center;"><b><u>Entrées</u></b></p> Grilled Mahi Mahi \$ 4.99 Chicken Piccata \$ 3.59 <p style="text-align: center;"><b><u>Sides (\$ .99)</u></b></p> Baby Carrots Zucchini Cilantro Rice (\$ .69) Fettuccine Pasta (\$ .69) Assorted Desserts

*\*Mindful Weekly Menu Special*

**ATTENTION RESIDENTS AND GUESTS**

*The skylight dining room will be closed for the dinner service on Thursday August 10<sup>th</sup> 2017. The crystal dining room will remain open from 400 pm until 630 pm.*