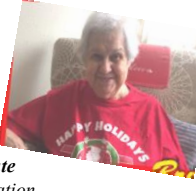


JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BIRTHDAYS Look Who's Celebrating!</p> <p>Brunilda Jean H. Florene Leanne Lorraine</p>	<p>1 AM (H) 10:15 Aromatherapy 10:30 Exercise 11:00 January Fun Facts PM 12:30 Lunch 2:30 New Year's Party 3:00 Reminiscing (New Year): Reading w/Discussion 3:30 Hydration 4:00 Classical Movie</p>	<p>2 AM 10:00 1:1 / Small Group 10:30 Mass (3rd Floor) 10:30 Pet Therapy w/Tampa Bay Dog Therapy Group PM 12:30 Lunch 2:30 Color in Motion 3:30 Reminiscing: Reading w/Discussion 4:00 Comedy Movie</p>	<p>3 AM 10:15 Aromatherapy 10:30 Exercise 11:00 Hydration 11:30 Reminiscing: Traditions and Memories PM 12:00 Happy New Year the Around World 2:00 Art Expression 3:00 "First Class" Trivia 3:30 Afternoon Hydration 4:00 Movie Musical</p>	<p>4 Happy Birthday Brunilda! AM 10:00 1:1 / Small Group 10:30 Exercise 11:00 Current Events 11:30 Sing-A-Long PM 12:00 Resident Chat: Random Trivia 12:30 Lunch 2:30 Jumbo Parachute 3:00 Afternoon Hydration 4:00 Action Movie</p> 	<p>5 AM 10:00 Aromatherapy 10:30 Exercise 11:00 Reminiscing w/Susan PM 12:00 Social Time 12:30 Lunch 2:30 BINGO 3:30 Afternoon Hydration 4:00 Mystery Movie</p>	<p>6 AM (R) 10:00 Bingo (5th Floor) 11:30 Good News PM 12:00 1:1 / Group Activity 12:30 Lunch 3:00 Movie & Snack ~After Dinner Games w CNA's~</p>
<p>7 AM (T) 10:00 Mass (Chapel) 10:45 Exercise 11:00 1:1 / Small Group PM 12:30 Lunch 5:30 Vespers (Chapel) Individual / Group Activities w/ CNA</p>	<p>8 AM (R) 10:15 Aromatherapy 10:30 Yomenco w/Aaron 11:30 Worship Service PM 12:30 Lunch 2:30 Mixed-Up New Year's Day 3:00 Reminiscing: Reading w/Discussion 3:30 Afternoon Hydration 4:00 Classical Movie</p> 	<p>9 Happy Birthday Jean Hudson! AM 10:00 10:30 Mass (3rd Floor) 10:30 Pet Therapy w/Tampa Bay Dog Therapy Group PM 12:00 Resident Chat 12:30 Lunch 2:00 Snacks and Music w/Max 3:00 December Facts/Trivia 3:30 Afternoon Hydration 4:00 Comedy Movie</p> 	<p>10 AM 10:15 Aromatherapy 10:30 Exercise 11:00 World New 11:30 Music & Motion PM 12:00 Social Time 12:20 Lunch 2:00 Entertainment 2:30 1:1 Music Therapy 3:00 Afternoon Hydration 4:00 Movie Musical</p>	<p>11 AM 10:00 1:1 / Small Group 10:30 Exercise 11:00 Hydration 11:30 Sing-A-Long PM 12:00 Hydration 12:30 Lunch 2:30 Drum Therapy W/Olisa 3:30 Afternoon Hydration 4:00 Action Movie</p> 	<p>12 AM 10:00 Aromatherapy 10:30 Exercise 11:00 Reminiscing w/Susan PM 12:00 Social Time 12:30 Lunch 2:30 BINGO 3:30 Afternoon Hydration 4:00 Mystery Movie</p>	<p>13 AM (H) 10:00 Bingo (5th Floor) 11:00 Tampa Terrace Palms Community Church PM 12:00 1:1 / Group Activity 2:30 Walking Club 3:00 Resident Chat 3:00 Hydration 3:30 Movie & Snack ~After Dinner Games w CNA's~</p>
<p>14 AM (T) 10:00 Mass (Chapel) 10:45 Exercise 11:00 1:1 / Small Group PM 12:30 Lunch 5:30 Vespers (Chapel) Individual / Group Activities w/ CNA</p>	<p>15 ~Martin Luther King Day~ AM (H) 10:15 Aromatherapy 10:30 Exercise 11:00 MLK Day – Word Scramble PM 12:30 Lunch 2:30 Trivia 3:00 Snack 3:30 Afternoon Hydration 4:00 Classical Movie</p> 	<p>16 AM 10:00 1:1 / Small Group 10:30 Mass (3rd Floor) 10:30 Pet Therapy w/ Tampa Bay Therapy Dogs Group 11:30 "Spilling the Tea" 12:30 Lunch 2:00 Jumbo Bowling 2:30 Afternoon Hydration 3:00 – 4:00 January Birthday Party w/Jerry</p>	<p>17 AM 10:15 Aromatherapy 10:30 Exercise 11:00 Reminiscing: Reading w/Discussion 11:30 Music and Movement PM 2:00 Manicures 3:00 Did You Know? 3:30 Afternoon Hydration 4:00 Movie Musical</p> 	<p>18 AM 10:00 1:1 / Small Group 10:30 Exercise 11:30 Sing-A-Long PM 12:00 Social Time 12:30 Lunch 2:30 Cooking Club 3:30 Afternoon Hydration 4:00 Action Movie</p>	<p>19 AM 10:00 Aromatherapy 10:30 Fitness Club 11:00 Reminiscing w/Susan PM 12:00 Lunch w/ Friends 12:30 Lunch 2:30 BINGO 3:30 Hydration 4:00 Mystery Movie</p>	<p>20 AM 10:00 Bingo (5th Floor) 11:00 Good News PM 12:00 Social Time 12:30 Lunch 2:30 Trivia 3:00 Dave Maggio 4:00 Movie & Snack ~After Dinner Games w CNA's~</p>
<p>21 AM (T) 10:00 Mass (Chapel) 10:45 Exercise 11:00 1:1 / Small Group PM 12:30 Lunch 5:30 Vespers (Chapel) Individual / Group Activities w/ CNA</p>	<p>22 AM (R) 10:15 Aromatherapy 10:30 Exercise 11:30 Reminiscing: Reading w/Discussion 11:00 Music and Motion PM 12:30 Lunch 2:00 The Meaning of Colors 2:30 Art in Motion 3:30 Afternoon Hydration 4:00 Classical Movie</p>	<p>23 Happy Birthday Florene AM 10:00 1:1 / Small Group 10:30 Mass (3rd Floor) 10:30 Pet Therapy w/Tampa Bay Dog Therapy Group 11:00 Jim Cummins PM 12:30 Lunch 2:00 Hot Coco & Music w/Max 3:00 The 1980s in Review 3:30 Afternoon Hydration 4:00 Comedy Movie</p> 	<p>24 AM 10:00 Aromatherapy 10:30 Exercise 11:00 Hydration 11:30 Resident Chat PM 12:30 Lunch 2:00 Foodie 101 3:00 Reminiscing: Reading w/Discussion 3:30 Afternoon Hydration 4:00 Movie Musical</p>	<p>25 Happy Birthday Leanne! AM 10:00 1:1 / Small Group 10:30 Exercise 11:00 Hydration 11:30 Sing-a-long PM 12:00 Social Time 12:30 Lunch 2:30 Name that Tune.... 3:30 Happy Hour w/Eddy Dean 4:00 Action Movie</p> 	<p>26 AM 10:00 Aromatherapy 10:30 Fitness Club 11:00 Reminiscing w/Susan PM 12:00 12:30 Lunch 2:30 BINGO 3:30 Afternoon Hydration 4:00 Mystery Movie</p>	<p>27 AM (H) 10:00 Bingo (5th Floor) 11:30 Exercise PM 12:00 1:1 / Group Activity 12:30 Lunch 2:30 Walking Club 3:00 Hydration 4:30 Movie & Snack ~After Dinner Games w CNA's~</p>
<p>28 AM (T) 10:00 Mass (Chapel) 10:45 Exercise 11:00 1:1 / Small Group PM 12:30 Lunch 1:00 Activities With Susan 5:30 Vespers (Chapel) Individual / Group Activities w/ CNA</p>	<p>29 AM (H) 10:15 Aromatherapy 10:30 Exercise 11:00 Hydration 11:30 Valentines Trivia PM 12:30 Lunch 2:30 Color Therapy 3:30 Afternoon Hydration 4:00 Classical Movie</p>	<p>30 AM 10:00 1:1 / Small Group 10:30 Mass (3rd Floor) 10:30 Pet Therapy w/Tampa Bay Dog Therapy Group PM 12:30 Lunch 2:30 Wheel of Fortune! 3:30 Reminiscing: Reading w/Discussion 4:00 Comedy Movie</p> 	<p>31 Happy Birthday Lorraine! AM 10:00 Aromatherapy 10:30 Exercise 11:00 Social Time PM 12:00 Trivia 12:30 Lunch 2:30 Let's Get Cooking 3:30 Afternoon Hydration 4:00 Movie Musical</p> 	<p>HAPPY new YEAR</p> 		

All Activities and Times are Subject to Change. Please Contact Rose or Helene for any Activity Related Questions At: (813) 632-2496