



Week 4
April 23rd – April 29th

Sunday Lunch 4/23/17

Asparagus, Leek & Mushroom Soup \$ 1.29
Caesar Salad

Entrées

Char Siu Pork \$ 2.49
Macadamia Crusted Mahi Mahi \$ 4.99

Sides (\$.99)

Snow Peas Roasted Vegetables Chive
Jasmine Rice Mashed Potatoes
Assorted Desserts

David Borchik – Director of Food Services

Roger Bailey – Executive Chef

Dining Room Hours

Breakfast (Skylight only) 7:30 am – 9:30 am
Lunch (Skylight Dining Room) 11:00 am – 1:00 pm
Lunch (Crystal Café) 11:00 am – 3:00 pm
Dinner (Skylight Dining Room) 4:00 pm – 6:00 pm
Dinner (Crystal Dining Room) 4:00pm – 6:30 pm

Independent Living Meal Delivery Service

You can have meals delivered to your apartment for a \$3 fee.
Skylight DR: 632-2322 Crystal DR: 632-2325
Delivery service is available during normal hours of operation

Monday Lunch 4/24/17

Minestrone Soup \$ 1.29
Tomato, Onion & Pepper Salad

Entrées

Bistro Turkey Burger \$ 3.89
Pretzel Crusted Salmon \$ 5.29
Greek Chicken Taco \$ 3.09

Sides (\$.99)

Spinach Carrots
Onion Rings (\$1.89) Brown Rice (\$.69)
Assorted Desserts

Monday Dinner 4/24/17

Harvest Broccoli Soup \$ 1.29
Tomato, Onion & Pepper Salad

Entrées

Moroccan Lemon Chicken w/Mango \$ 5.89
Vegetable Lasagna \$ 2.29

Sides (\$.99)

Cauliflower Italian Vegetables
Couscous (\$.69) Naan Bread
Assorted Desserts

Tuesday Lunch 4/25/17

Cream of Spinach Soup \$ 1.29
Waldorf Salad

Entrées

Honey BBQ Chicken Tenders \$ 3.89
Beef Fajitas w/Peppers & Onions \$ 2.49
Greek Chicken Taco \$ 3.09

Sides (\$.99)

Green Beans Pinto Beans
Roasted Potatoes Aztec Vegetables
Assorted Desserts

Tuesday Dinner 4/25/17

Vegetable Soup \$ 1.29
Waldorf Salad

Entrées

Roasted Leg of Lamb with Mint Jelly \$ 5.29
Cod Florentine \$ 3.89

Sides (\$.99)

Broccoli Snap Peas
Roasted Garlic Mashed Potatoes Polenta Cake
Assorted Desserts

Wednesday Lunch 4/26/17

French Onion Soup \$ 1.29
Carrot Raisin Salad

Entrées

French Dip w/ Swiss Cheese Sandwich \$ 3.89
Orange Glazed Pork Medallions \$ 3.79
Greek Chicken Taco \$ 3.09

Sides (\$.99)

Peas & Carrots Japanese Eggplant (\$1.89)
Waffle Fries (\$1.19) Fried Rice (\$.69)
Assorted Desserts

Wednesday Dinner 4/26/17

ACTION Night @ the Skylight Dining Room

Corn & Sweet Potato Soup (Crystal ONLY) \$ 1.29
Carrot Raisin Salad (Crystal ONLY)

Entrées

Herb Crusted Tilapia (Crystal ONLY) \$ 3.59
Chicken a la King w/ Biscuit (Crystal ONLY) \$ 3.09

Sides (CRYSTAL ONLY) (\$.99)

California Vegetables Grilled Yellow Squash
Wild Rice (\$.69) Biscuit (\$.69)
Assorted Desserts



Week 4
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Thursday Lunch 4/27/17

Tortilla Soup \$ 1.29
Fiji Fruit Salad

Entrées

Beef Burrito \$ 2.39
Grilled Chicken Sandwich \$ 3.59
Greek Chicken Taco \$ 3.09

Sides (\$.99)

Roasted Peppers & Onions Carrots
Mexican Rice (\$.69) Tater Tots
Assorted Desserts

Thursday Dinner 4/27/17

Potato & Leek Soup \$ 1.29
Fiji Fruit Salad

Entrées

Grilled Kielbasa \$ 3.39
BBQ Glazed Turkey \$ 3.79

Sides (\$.99)

Cauliflower Mixed Vegetables
Hot Potato Salad with Bacon (\$.69) Corn on the Cob (\$.69)
Assorted Desserts

Friday Lunch 4/28/17

Italian Vegetable Soup \$ 1.29
Caesar Salad

Entrées

Cornish Hen \$ 5.59
Assorted Pizza \$ 2.29
Greek Chicken Taco \$ 3.09

Sides (\$.99)

Sautéed Spinach Broccoli
Wild Rice Fettuccini Pasta (\$.69)
Assorted Desserts

Friday Dinner 4/28/17

Tuscan Chicken Noodle Soup \$ 1.29
Caesar Salad

Entrées

Charred Shrimp \$ 5.59
Aegean Casserole \$ 2.59

Sides (\$.99)

Squash Italian Vegetables
Caramelized Leek Mashed Potatoes Bread Stick (\$.49)
Assorted Desserts

Saturday Lunch 4/29/17

Creamy Tomato Soup \$ 1.29
Chickpea, Tomato, & Green Onion Salad

Entrées

Grilled Ham Steak \$ 1.79
Cuban Sandwich \$ 3.59

Sides (\$.99)

Balsamic Vegetables Green Beans
Skillet Sweet Potato Tater Tots
Assorted Desserts

Saturday Dinner 4/29/17

Brazilian Black Bean Soup \$ 1.29
Chickpea, Tomato, & Green Onion Salad

Entrées

Grilled Mahi Mahi \$ 4.99
Chicken Piccata \$ 3.59

Sides (\$.99)

Baby Carrots Zucchini
Cilantro Rice (\$.69) Egg Noodles (\$.69)
Assorted Desserts

**Mindful Weekly Menu Special*